

Are you ready for a change?

Many individuals are considering returning to school to seek economic improvement and/or personal growth. Most face a variety of obstacles that can keep them from completing their programs or from benefiting from them after completion.

The 2010 Women in Transition Conference will provide workshops, presentations, and other resources to help you overcome common challenges including:

- ❖ Choosing a program & getting in
- ❖ Academic anxiety
- ❖ Inadequate funding
- ❖ Juggling home, work and school
- ❖ Fear of using computers

Make it happen.

Attending this conference can provide the opportunity to work through many issues you are likely to face when you decide to go back to school.

Presented by:

American Association of
University Women

Bay City Branch
Midland Branch
Saginaw Branch

Business & Professional Women of Saginaw

Coalition of Labor Union Women

Davenport University

Delta College

Delta Sigma Theta Sorority

Education Training Connection

Ferris State University

Literacy Council of Bay County

Literacy Council of Midland

Great Lakes Bay Region Michigan Works!

NAACP

Northwood University

Saginaw Community Foundation

YWCA, Great Lakes Bay Region

Zonta of Midland

Zonta of Saginaw

Planning to go back to school?



Women* in Transition Conference

Saturday, April 17, 2010

8:30 AM – 2:30 PM

Delta College

University Center, MI 48710

*Men are welcome too!

Sessions

Choose three of the following sessions to attend. You will receive packets containing information from all sessions.

1. Focusing on a Career

Learn which jobs are in high demand, locally and in the state. What skills and education are required? What are the high-paying jobs in Michigan, and what are the education and skill requirements?

2. Money Matters: Finance your academic adventure

Learn the basics of the admission process and how to find funding alternatives – scholarships, grants, student loans, employer reimbursement.

3. The Internet: How to use online resources effectively

Learn the importance of computer literacy, and how to apply to a college or apply for financing, or explore employment applications online.

4. The Balancing Act: Work, family, school

How to overcome academic anxiety by understanding the expected school work load, learning new study skills, and how to prioritize, as well as the importance of a support system.

5. Communicating With Confidence: A key to success

How to speak with confidence – Role playing: practice introducing yourself, and being interviewed. What does your body English say? The importance of writing:

When is email appropriate, when is it not? Is texting OK? Writing needed to complete applications.

6. Who, Why, & How: Pursuing your education

Discover the right education or training program for a job in an area of high demand. Learn how to get credit for prior learning, and how to accelerate getting a degree. Explore setting educational goals, and programs available near you.

Schedule

8:30 AM Registration
Continental Breakfast

9:00 AM Welcome
Keynote Speaker
Laura H. Gilbert – author of “Back to School for Grownups,” who returned to school as a single mother of four. She will share her experiences and insights

10:00 AM Break
Visit Exhibitor Tables

10:15 AM Session One

11:15 AM Session Two

12:15 PM Lunch
Visit Exhibitor Tables.

1:30 PM Session Three

2:30 PM Evaluation
Door Prizes Awarded
Visit Exhibitor Tables

Registration Form

Deadline is Wednesday March 31, 2010

Please print

Name: _____
Address: _____
City: _____ State: _____
Zip: _____ Phone: _____
E-mail: _____

Check the three sessions chosen:

Focusing on a Career
 Money Matters
 The Internet
 The Balancing Act
 Communicating With Confidence
 Who, Why, & How

A continental breakfast and lunch will be provided. No registration fee is required.

Other:

I need transportation
 I need childcare assistance

Please detach and mail this completed form to: Women in Transition, PO Box 2487, Midland MI 48641-2487. Registration confirmation and directions will be mailed to you.

For Additional Information,
Contact Teresa Borowski, 989-793-0494 or
Ann Ward, 989-835-3624 or
email us at transitionconf2010@gmail.com
After 3/31, please contact the above for availability